Guiding Principles of Blended and Online Course Design



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Guiding Principles of Blended and Online Course Design

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The following principles have been curated from current research and scholarship about effective blended and online course design. This is a working document that is intended to spark conversation about blended and online learning and introduce practical strategies for consideration as educators design quality online learning experiences. It is meant to be shared, adopted, and adapted for utility in diverse contexts and disciplines.

We have organized these principles alphabetically and believe that each principle will hold different weight for each person who reads this document. We invite readers to adapt these principles for use in their context and re-order the principles according to their need or preference. Below, we present each principle with a summary of aspects. In the next section, we present examples of how each aspect may show up in a blended or online learning environment.

Accessibility: Choose learning technologies, tools and learning materials that are available to students at no cost or through the institution, wherever possible; conduct regular "technology audits" to ensure accessibility to tools and content; provide multiple pathways for communication between students and the instructional team.

Alignment: Intentionally connect learning outcomes, activities, and assessments; select technologies and tools that are suited for the course activities and content; sequence and offer multiple opportunities for learning, application, and skills development.

Balance: Develop a course roadmap that shows students how the learning activities and assessments are connected and when they will be completed; use an even distribution of learning activities and assessments throughout the course; incorporate a variety of asynchronous and synchronous learning activities that provide opportunities for students to practice and demonstrate their learning in the course.

Engagement: Create collaborative activities that encourage active learning, reflection, interaction, and peer-to-peer learning, support, community-building, and feedback; ensure that members of the instructional team are regularly present and active in the course; engage and involve students in their learning so that they can practice, synthesize, make meaning of and construct knowledge for themselves.

Equity: Incorporate multimedia content that creates various modes of engagement, representation, and expression of learning; anticipate and reduce potential barriers for limited access; provide access to technological, learning, and wellness supports and resources; create transparent assessment practices and criteria that promote fairness.

Flexibility: Consider course structures that allow for flexible deadlines, extensions or changes as needed; offer students a choice in learning activities and/or assessments; promote learning continuity through the

use of institutionally-supported learning technologies that allow for adaptable course design during times of disruption.

Inclusivity: Include intercultural examples and content; identify resources and materials that represent diverse voices; recognize and incorporate diverse ways of knowing and learning into activities and assessments; co-create norms for course participation and engagement that promote a sense of belonging for all members of the learning community.

Integrity: In collaboration with students, set clear expectations for engagement and interaction within the learning environment; provide clear guidelines about group and individual activities and assessments; proactively engage students in conversations about academic integrity in the context of the course modality, discipline, and institution.

Relevance: Promote student-centered learning by incorporating activities and assessments that are relevant to students' lives and academic development and authentic to the discipline; provide students with opportunities to apply theoretical knowledge to 'real-world' situations and contexts; build upon pre-requisite knowledge, prior learning experiences, and skills to increase the visibility of student capacity, autonomy, and agency for their learning experience.

Principles in Practice

Many of these principles transcend learning modalities and can be applied in face-to-face, blended, and online learning contexts. In this document, we have compiled practice examples based upon the various aspects of each principle in blended and online learning environments. These examples are by no means comprehensive or representative of all teaching practices, experiences, or approaches related to blended and online learning. We invite readers to consider other examples of each principle and their associated aspects from their respective teaching practices. The implementation of these principles will vary by modality and discipline and may be broadly used in decision-making related to the design and delivery of high-quality blended and online courses.

Accessibility

Choose learning technologies, tools and learning materials that are available to students at no cost or through the institution, wherever possible; conduct regular "technology audits" to ensure accessibility to tools and content; provide multiple pathways for communication between students and the instructional team.

Principle in Practice

Aspect	Example
Selecting	Provide students with tutorials and guides that explain how to use the learning
technologies and materials	technologies that you have chosen for the course.
	Suggest when working in groups that students discuss with peers and select
	technologies that will work for all members of the group.
Technology audits	Periodically check digital content and resources to ensure that links are active and
	accessible. Check-in with students to see if additional supports are needed.
Pathways of	Have members of the teaching team sign on to Zoom 15 minutes before or after
communication	synchronous sessions to answer questions and connect with students. Arrange
	optional drop-in sessions or virtual office hours.

Alignment

Intentionally connect learning outcomes, activities, and assessments; select technologies and tools that are suited for the course activities and content; sequence and offer multiple opportunities for learning, application, and skills development.

Principle in Practice

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Aspect	Example
Connect course	Post module learning outcomes for each module in the course. Share learning
learning	outcomes at the start of synchronous sessions.
outcomes to	
activities and	
assessments	
Suitable	Organize the D2L course logically by breaking into chunks or modules and use LMS-
technologies and	based tools to facilitate ease of navigation and completion of activities and
tools	assessments.
Multiple modes	Use a variety of content delivery methods such as articles, short videos, and
of engagement	graphics that provide multiple options for students to access content online.

Plan synchronous sessions that promote dialogue and interaction among the
instructor, peers, and invited guests.

Balance

Develop a course roadmap that shows students how the learning activities and assessments are connected and when they will be completed; use an even distribution of learning activities and assessments throughout the course; incorporate a variety of asynchronous and synchronous learning activities that provide opportunities for students to practice and demonstrate their learning in the course.

Principle in Practice

Aspect	Example
Roadmap	Use the checklist feature in D2L to let students know what learning activities and
	assessments need to be completed each week in the course. Organize course
	content or discussion forums in D2L by weekly topics.
Even	If there are larger assignments in the course, consider splitting them into stages so
distribution	students keep up with the course (cumulative or layered assignments).
Practice	Put practice quizzes in D2L for students to practice questions and develop skills
	before the exam-based assessments. During a synchronous session divide students
	into break out rooms to discuss/critique examples. Post examples in D2L content
	(with permission from previous students).

Engagement

Create collaborative activities that encourage active learning, reflection, interaction, and peer-to-peer learning, support, community-building, and feedback; ensure that members of the instructional team are regularly present and active in the course; engage and involve students in their learning so that they can practice, synthesize, make meaning of and construct knowledge for themselves.

Principle in Practice

Aspect	Example
Collaborative	Leverage online discussions for asynchronous group work and use break-out rooms
learning	during synchronous sessions to provide students with time to work in small groups.
	Check-in with small groups to provide support.
Be present	Be active and present in the course by participating in asynchronous online discussions, synchronous sessions, sending out weekly updates and reminders, posting video messages in the News Tool in D2L, and providing timely feedback on assessments and activities.
Provide feedback	Create D2L rubrics and post assignment instructions early in the semester. Create a FAQ discussion in D2L to answer common questions. During Zoom sessions, use break-out rooms for students to provide each other peer feedback on their draft work. Offer students regular feedback on their work using audio and/or text (track changes, comments).

Equity

Incorporate multimedia content that creates various modes of engagement, representation, and expression of learning; anticipate and reduce potential barriers for limited access; provide access to technological,

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learning, and wellness supports and resources; create transparent assessment practices and criteria that promote fairness.

Principle in Practice

Aspect	Example
Use of media	Post media requirements in the course outline to ensure students have access to
	course material and can engage in online sessions.
Reducing	Remind students about assistive tools that can reduce barriers (e.g., text-to-speech,
barriers	audio versions of articles).
	Ensure that students are prepared to use learning technologies by allowing them to
	practice with learning activities.
Transparency	In the online course shell, provide exemplars from previous terms or templates that
	students can use to prepare for assessments. During a synchronous session, invite
	students to add comments, questions and make annotations on a copy of the course
	outline.

Flexibility

Consider course structures that allow for flexible deadlines, extensions or changes as needed; offer students a choice in learning activities and/or assessments; promote learning continuity through the use of institutionally-supported learning technologies that allow for adaptable course delivery during times of disruption.

Principle in Practice

Aspect	Example
Changes and	Communicate changes to deadlines or assessment details via multiple channels,
adaptability	such as the News tool in D2L and class-wide emails.
Student choice in	Provide students with the choice of format for an assignment or activity, such as
activities and	writing a short paper, creating a website, or giving an oral or visual presentation.
assessments	
	Give students a choice of readings to complete based on their interests
Learning	Plan for alternative modes of completing exams or submitting assignments should
continuity	the need to pivot arise, such as using LMS submission features or identifying
	alternative pathways for accessing content in your course.

Inclusivity

Include intercultural examples and content; identify resources and materials that represent diverse voices; recognize and incorporate diverse ways of knowing and learning into activities and assessments; co-create norms for course participation and engagement that promote a sense of belonging for all members of the learning community.

Principle in Practice

Aspect	Example
Intercultural	At the beginning of the term, share where you are physically located and invite
perspectives	students to do the same so that content and discussions can be tailored and
	relevant to students' localized environments.

Diverse	Leverage Zoom and D2L to support guest presenters from other parts of the world
representation	to connect via Zoom, recorded video interview or in the D2L discussion to answer
	questions and engage with the students.
Co-creation of	Co-create a list of shared values and guidelines during the first synchronous
norms	session, review institutional zero-tolerance policies, and post the list where
	students will see regularly, such as the home page of D2L.

Integrity

In collaboration with students, set clear expectations for engagement and interaction within the learning environment; provide clear guidelines about group and individual activities and assessments; proactively engage students in conversations about academic integrity in the context of the course modality, discipline, and institution.

Principle in Practice

Aspect	Example
Communicate	Provide students with examples of academic integrity within your disciplinary
expectations	context or exemplars from similar assessments in previous terms.
Guidelines for	Create channels for peer-to-peer engagement that include members of the
group and	teaching team, such as a MS Teams chat where GATs can answer questions as they
independent	arise.
work	
Discuss academic	Post academic integrity statement in D2L and create a discussion topic where
integrity	students can ask questions and the teaching team can provide answers.

Relevance

Promote student-centered learning by incorporating activities and assessments that are relevant to students' lives and academic development and authentic to the discipline; provide students with opportunities to apply theoretical knowledge to 'real-world' situations and contexts; build upon pre-requisite knowledge, prior learning experiences, and skills to increase the visibility of student capacity, autonomy, and agency for their learning experience.

Principle in Practice

Aspect	Example
Student-centered	Have students map their learning goals to the outcomes of the course and facilitate
learning	an online discussion about shared learning goals within the class.
Practical	Pair asynchronous learning with synchronous labs or sessions with peers and the
application	teaching team to provide support and guidance. Provide students with agency to
	select appropriate media format to demonstrate learning and meet criteria for
	assignments.
Build upon	Create online peer-study groups where students facilitate discussions and/or lead
existing	in learning activities and share their expertise or background experiences.
knowledge	

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