

# Resources and References

## Trauma-Informed Teaching and Learning Practices Post-COVID

June 17, 2021

Facilitated by  
Yuen-ying Carpenter  
Department of Chemistry

*What is trauma? How does it affect us?*

- **The 12 Core Concepts: Concepts for Understanding Traumatic Stress Responses in Children and Families.** National Child Traumatic Stress Network (NCTSN). 2012. [https://www.nctsn.org/sites/default/files/resources//the\\_12\\_core\\_concepts\\_for\\_understanding\\_traumatic\\_stress\\_responses\\_in\\_children\\_and\\_families.pdf](https://www.nctsn.org/sites/default/files/resources//the_12_core_concepts_for_understanding_traumatic_stress_responses_in_children_and_families.pdf)

*The Four priorities model, Alex Venet, Unconditional Learning*

- **Newhouse, K. *Four Core Priorities for Trauma-Informed Distance Learning*.** Mindshift. 2020 April 6. <https://www.kqed.org/mindshift/55679/four-core-priorities-for-trauma-informed-distance-learning>

*Trauma-informed teaching and learning in higher education*

- **Davidson, S. *Trauma-Informed Practices for Postsecondary Education: A Guide*.** Education Northwest. <https://educationnorthwest.org/sites/default/files/resources/trauma-informed-practices-postsecondary-508.pdf>

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### *On boundaries and your well-being in trauma-informed practice*

- **Trauma stewardship: An everyday guide to caring for self while caring for others.** Laura van Dernoot Lipsky and Connie Burk. Berrett Koehler Publishers, 2009.
- **Role-Clarity and Boundaries for Trauma-Informed Teachers.** Alex Venet. Educational Considerations, 44(2). <https://doi.org/10.4148/0146-9282.2175>

### *On equity and systemic barriers to trauma informed practice*

- **Don't Be Fooled, Trauma Is a Systemic Problem: Trauma as a Case of Weaponized Educational Innovation.** Khasnabis, D. & Goldin, S. Occasional Paper Series, 2020 (43). <https://educate.bankstreet.edu/occasional-paper-series/vol2020/iss43/5>
- **Equity-Centered Trauma-Informed Education.** Alex Shevrin Venet. WW Norton, 2021.

### *On trauma-informed teaching during COVID*

- **A Trauma-Informed Approach to Teaching Through Coronavirus.** MARCH 23, 2020. <https://www.learningforjustice.org/magazine/a-trauma-informed-approach-to-teaching-through-coronavirus>

### *A massive curated list of resources*

- **Getting started with Trauma Informed Teaching.** Alex Venet. Unconditional Learning. <https://unconditionalllearning.org/2016/04/11/getting-started-with-trauma-informed-teaching/>

# More Questions? Connect with me

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